

And another of my very favorites, **Avocado Cucumber Soup with Buttermilk** ... soooo easy, refreshing, and a Feast for your eyes!

First let me say that I'm not one of those farmer's daughters who grew up loving buttermilk. My dad didn't drink it and my mother didn't cook with it, so I had no idea it was even 'a thing' until much later. Kind of like avocados, which I never knew existed until I was 30. We didn't grow them in Connecticut.

But cucumbers ... now that's a whole different story. All summer long, a meal wasn't really a meal without our signature dish, a bowl of thinly sliced & peeled cucumbers lounging in mayonnaise, generously sprinkled with salt & pepper. That's a tradition my daughter, Chris, who wears her grandfather's farmer genes, carries forward today.

Oh yes ... full disclosure. Once the cucumbers were gone, I did love drinking the 'soup' that resulted from them having sweated out their moisture into the mayo. **Memorable!**